



The Inner Game of Music

By Barry Green, W. Timothy Gallwey

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By the best-selling co-author of *Inner Tennis*, here's a book designed to help musicians overcome obstacles, help improve concentration, and reduce nervousness, allowing them to reach new levels of performing excellence and musical artistry.

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Editorial Review

From the Publisher

By the best-selling co-author of *Inner Tennis*, here's a book designed to help musicians overcome obstacles, help improve concentration, and reduce nervousness, allowing them to reach new levels of performing excellence and musical artistry.

From the Inside Flap

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About the Author

Barry Green is a U.S. orchestral and solo double bass player and teacher. He was the principal bassist for the Cincinnati Symphony.[1] A contemporary of people such as Gary Karr, he has developed and publicized his own method for double bass.

Users Review

From reader reviews:

Douglas Whatley:

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