



The Inner Game of Music

By Barry Green, W. Timothy Gallwey

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By the best-selling co-author of *Inner Tennis*, here's a book designed to help musicians overcome obstacles, help improve concentration, and reduce nervousness, allowing them to reach new levels of performing excellence and musical artistry.

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Editorial Review

From the Publisher

By the best-selling co-author of *Inner Tennis*, here's a book designed to help musicians overcome obstacles, help improve concentration, and reduce nervousness, allowing them to reach new levels of performing excellence and musical artistry.

From the Inside Flap

By the best-selling co-author of "Inner Tennis, here's a book designed to help musicians overcome obstacles, help improve concentration, and reduce nervousness, allowing them to reach new levels of performing excellence and musical artistry.

About the Author

Barry Green is a U.S. orchestral and solo double bass player and teacher. He was the principal bassist for the Cincinnati Symphony.[1] A contemporary of people such as Gary Karr, he has developed and publicized his own method for double bass.

Users Review

From reader reviews:

Douglas Whatley:

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