



Indoor/Outdoor Team Building Games For Trainers: Powerful Activities From the World of Adventure-Based Team Building and Ropes Courses

By Harrison Snow

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Indoor/Outdoor Team Building Games for Trainers is a collection of 62 fun, physical acitivities from the world of adventure-based team building--now made simple for the average classroom trainer. Each activity (requiring only simple props such as rubber balls, blindfolds, and rope) comes complete with learning objectives, equipment needs, time goals, directions, and debriefing guidelines. Perfect for fields, parking lots, and even indoor classrooms. ativity

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Editorial Review

From the Back Cover

Bring the power and adventure of wilderness team building into the classroom! How do you turn a group of people who work together into a team? For years, major corporations and government bodies have used powerful, proven outdoor adventure-based team-building exercises. They know these experiences transform groups into teams--teams who communicate better, trust more, solve problems more effectively, and work together more productively. Now at last adventure trainer and author Harrison Snow makes it possible for companies to reap these same powerful team-building benefits--without the significant expense of going off-site! Indoor/Outdoor Team-Building Games for Trainers provides all the tools a classroom trainer needs to conduct powerful, high-impact team-building exercises in readily available space--fields, parking lots, or even indoor classrooms--without elaborate and expensive equipment, and without costly travel. This collection of fun, physical activities from the world of adventure-based training gives trainers a complete team-building program--more than enough activities to put together a multiday schedule, if desired. Included are warm-ups, trust builders, communication exercises, problem-solving activities, activities for more than one team, and closure sessions. Each exercise requires only simple props, such as rubber balls, blindfolds, and rope, and each is complete with learning objectives, equipment needs time goals, directions, and debriefing and safety guidelines. These same activities have provided successful team learning experiences for thousands of participants. Now all companies--small and large--can enjoy the benefits of adventure-based team building without leaving their own backyards!

About the Author

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