



# Dancing Heads: a hand- and footbook for creative/contemporary dance with Children and Young People from 4 to 18 years

*By Leanore Ickstadt*

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Dancing Heads-a practical 'how to' book for dance teachers and those who would like to teach creative/contemporary dance to children and young people (ages 4 to 18) in studios, community centers and public schools. Approaches to teaching technique, using improvisation and creating dances (choreography) are included, as well as what to teach, when and why (curricula). Hints on what to do on a "bad dance day" and how to start a new class provide concrete solutions to problems that all dance teachers face. Dancing Heads offers inspiration, but also very practical approaches to daily problems: an analysis of structures and problems and a variety of possible solutions and approaches based on 45 years of teaching experience. It is useful for experienced teachers as well as newcomers to the field and for dancers just starting to teach.

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### **Editorial Review**

#### **About the Author**

Leanore Ickstadt, dancer, internationally known teacher and choreographer, has educated teachers, actors, dancers and children for over 45 years. Born and educated in the United States, she has lived in Germany since 1963. She founded the Tanz Tangente, a well-known studio in Berlin. Active in Dance and the Child international (daCi), she was its international Chair 2000-2003.

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