



SAS Survival Handbook, Third Edition: The Ultimate Guide to Surviving Anywhere

By John 'Lofty' Wiseman

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SAS Survival Handbook, Third Edition: The Ultimate Guide to Surviving Anywhere By John 'Lofty' Wiseman

The ultimate guide to surviving anywhere, now updated with more than 100 pages of additional material, including a new chapter on urban survival

"A classic outdoor manual [that] addresses every conceivable disaster scenario. Don't leave home without it"--*Outside* magazine

Revised to reflect the latest in survival knowledge and technology, and covering new topics such as urban survival and terrorism, the multimillion-copy worldwide bestseller *SAS Survival Handbook* by John "Lofty" Wiseman is the definitive resource for all campers, hikers, and outdoor adventurers. From basic campcraft and navigation to fear management and strategies for coping with any type of disaster, this complete course includes:

Being prepared: Understanding basic survival skills, like reading the weather, and preparation essentials, such as a pocket survival kit.

Making camp: Finding the best location, constructing the appropriate shelter, organizing camp, staying warm, and creating tools.

Food: What to eat, what to avoid, where to find it, and how to prepare it.

First aid: A comprehensive course in emergency/wilderness medicine, including how to maximize survival in any climate or when injured.

Disaster survival: How to react in the face of natural disasters and hostile situations—and how to survive if all services and supplies are cut off.

Self-defense: Arming yourself with basic hand-to-hand combat techniques.

Security: Protecting your family and property from intrusion, break-ins, and theft.

Climate & terrain: Overcoming any location, from the tropics to the poles, from the desert to the mountains and sea.

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Editorial Review

Review

“A classic outdoor manual. ... Written by John Wiseman, former survival instructor for Britain’s elite Special Air Service (an all-conditions strike force considered by some to be tougher than the U.S. Navy SEALs), the book addresses every conceivable disaster scenario. ... Don’t leave home without it.” (Outside magazine)

“This step-by-step survival bible has... prepared [me] for anything. ... This edition’s most valuable lessons arrive in its new ‘Urban Survival’ section, which features tactics for countering espionage and dealing with urban animal attacks.” (Washington Post)

From the Back Cover

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About the Author

John 'Lofty' Wiseman served in the British Special Air Service (SAS) for twenty-six years. *The SAS Survival Handbook* is based on the training techniques of this world-famous elite fighting force.

Users Review

From reader reviews:

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