



Total Heart Health: How to Prevent and Reverse Heart Disease with the Maharishi Vedic Approach to Health

By Robert H. Schneider, Jeremy Z. Fields

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Editorial Review

About the Author

Director of the Institute for Natural Medicine and Prevention at Maharishi University of Management. His findings have been published in more than 1,000 national magazines, newspapers and featured television news programs.

Biomedical researcher and science writer.

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