



Drawing with Hand, Head, and Heart: A Natural Approach to Learning the Art of Drawing

By Van James

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"What if imagination and art are not frosting at all, but the fountainhead of human experience?"

?**Rollo May**, existential psychologist and author of *Love and Will*

Drawing with Hand, Head, and Heart is a comprehensive and practical guide to the art of drawing and to the process of visual thinking that is part of our full human intelligence. More than 500 illustrated exercises and examples?collected and developed over many years of Waldorf classroom experience?show teachers, parents, and students how to learn to draw simply and naturally, as a child would learn to draw.

The introduction examines contemporary research on brain development and its relationship to learning, showing how the process of picture making contributes to the development of visual thinking. An overview follows about how children learn to draw and how their visual intelligence can be engaged through age-appropriate drawing exercises. Many useful examples of form drawing, portraiture, and geometric and perspective drawing illustrate the art and science of drawing for students of all ages and ability levels.

Van James also provides samples of inspiring blackboard drawings and main lesson book pages for teachers and students and includes an informative appendix on therapeutic drawing, a bibliography of resources, and an index. Includes 576 color and black and white illustrations.

Drawing with Hand, Head, and Heart provides an invaluable resource for teachers, parents, and visual artists.

"Van James helps us to understand visual art by enabling us to enter into the world of form and color as such, not simply as the media to depict representational reality...he guides us into developing new ways of seeing."

Hans-Joachim Mattke, international Waldorf school consultant, author, actor, and stage director

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Editorial Review

About the Author

Van James is a Hawaiian-based artist and author, a graduate of the San Francisco Art Institute, Emerson College in England, and the Goetheanum Painting School in Switzerland. He is an art teacher, co-director of an adult education program, and editor of *Pacifica Journal*. As an artist, he has exhibited in Europe, the United States and Japan. His paintings have received awards and are found in numerous private collections. He is active as a freelance graphic designer and writes articles for journals and magazines. In 1991 his book *Ancient Sites of Oahu: Archaeological Places of Interest in the Hawaiian Islands* won an award for excellence, and in 1998 *Ancient Sites of Hawaii* was published. Van James lives on the island of Oahu, is married with four grown children and a grandson.

Users Review

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Darren Custer:

Why? Because this Drawing with Hand, Head, and Heart: A Natural Approach to Learning the Art of Drawing is an unordinary book that the inside of the book waiting for you to snap it but latter it will distress you with the secret this inside. Reading this book close to it was fantastic author who have write the book in such wonderful way makes the content inside easier to understand, entertaining approach but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of rewards than the other book possess such as help improving your expertise and your critical thinking technique. So , still want to hold up having that book? If I ended up you I will go to the guide store hurriedly.

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