



What Your Doctor May Not Tell You About(TM): Hypertension: The Revolutionary Nutrition and Lifestyle Program to Help Fight High Blood Pressure (What Your Doctor May Not Tell You About...(Paperback))

By Mark Houston, Barry Fox, Nadine Taylor

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Houston offers a revolutionary, all-natural treatment program for reversing hypertension, the "silent killer" that affects more than 60 million Americans.

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Editorial Review

Review

"A highly informative and enjoyable read."

About the Author

Dr. Mark Houston is an Associate Clinical Professor of Medicine at the Vanderbilt University Medical School and Director of the Hypertension Institute at St. Thomas Medical Group in Nashville, Tennessee. He is the co-author of The Handbook of Antihypertensive Therapy, a guidebook for doctors and medical professionals.

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