



# Raising Children Who Think for Themselves

By Elisa Medhus

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## Raising Children Who Think for Themselves By Elisa Medhus

*Raising Children Who Think for Themselves* offers a new approach to parenting that has the power to reverse the trend of external direction in our children and help parents bring up empathetic, self-confident, moral, independent thinkers. Children who are externally directed make decisions based on the peer groups, violent movies, sexually explicit television shows, and rap lyrics that permeate their lives. When children are self-directed, on the other hand, they use their power of reason like a sword to cut through the jungle of external influences. Fortunately, the author shows us, it is never too late to foster in our children the ability to weigh options, consider sources, and think for themselves.

Filled with real-life examples, humorous anecdotes, and countless interviews with parents, children, and teachers, *Raising Children Who Think for Themselves*

- Identifies the five essential qualities of self-directed children
- Outlines the seven strategies necessary for parents to develop these qualities in their children
- Addresses nearly one hundred child-raising challenges—from body piercing to whining wars—and offers solutions to help encourage self-direction

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## Raising Children Who Think for Themselves By Elisa Medhus Bibliography

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## **Editorial Review**

### **Review**

"*Raising Children Who Think for Themselves* provides plenty of sensible, down-to-earth advice for parents. A goldmine of suggestions and guidance."

—Thomas W. Phelan, PhD, author of *1-2-3 Magic*

"Rich stories and examples from her own parenting experiences and those of her patients make Medhus's book a comprehensive guide for teaching our children to become honest, intuitive, and independent thinkers, using not only their heads but their hearts."

—Jeanne Elum, coauthor of *Raisin a Son* and *Raising a Daughter*

### **From the Publisher**

Beyond Words is proud to announce that *Raising Children Who Think for Themselves*, by author Elisa Medhus, M.D., has earned three highly prestigious awards: The 2002 Parent's Choice Award, The 2002 NAPPA Gold Award (National Parenting Publications Association,) and the 2002 National Parenting Center Seal of Approval.

### **From the Author**

*Raising Children Who Think for Themselves* shows parents how to raise their kids to make choices for themselves—choices not shaped by destructive influences like negative peer pressure, movies, song lyrics and their junk culture.

Today, our children are bombarded by so many messages through so many channels. Unfortunately, they are also programmed to satisfy their instinctive pack animal urge to fit in or belong to a group by striving to comply with those standards of "worthiness" that their peer groups demand they follow. But since those standards are often rooted in corrupt and misguided priorities (being cool, acting tough, being sexually active, belonging to a certain gang, being nice looking, being thin, etc.) any choices that are held hostage by such standards are often going to be inappropriate or immoral.

By raising our children to free their choice-making process from their need to fit in, they will grow to be independent, moral, happy, contributing, self-assured and contributing adults with the courage to do what's right, even when their world and morality is crumbling around them. Enough kids like these, and we'll see a stop to that crumbling. We'll see a happier, saner and safer world—one our children deserve.

Thank you for sharing my dream to create such a world.

Love and respect,

Elisa Medhus, M.D.

## **Users Review**

### **From reader reviews:**

#### **David Musick:**

Do you considered one of people who can't read pleasant if the sentence chained inside the straightway, hold

on guys this specific aren't like that. This Raising Children Who Think for Themselves book is readable simply by you who hate those straight word style. You will find the info here are arrange for enjoyable examining experience without leaving possibly decrease the knowledge that want to offer to you. The writer of Raising Children Who Think for Themselves content conveys the idea easily to understand by a lot of people. The printed and e-book are not different in the content material but it just different such as it. So , do you nevertheless thinking Raising Children Who Think for Themselves is not loveable to be your top listing reading book?

**Laura Hargis:**

Nowadays reading books become more and more than want or need but also get a life style. This reading behavior give you lot of advantages. The advantages you got of course the knowledge the rest of the information inside the book in which improve your knowledge and information. The knowledge you get based on what kind of reserve you read, if you want have more knowledge just go with education books but if you want truly feel happy read one having theme for entertaining for instance comic or novel. The actual Raising Children Who Think for Themselves is kind of publication which is giving the reader capricious experience.

**Jean Taylor:**

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**Jessica Palmer:**

Is it a person who having spare time in that case spend it whole day by simply watching television programs or just resting on the bed? Do you need something totally new? This Raising Children Who Think for Themselves can be the answer, oh how comes? It's a book you know. You are thus out of date, spending your free time by reading in this completely new era is common not a geek activity. So what these textbooks have than the others?

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