



The Good Life Rules: 8 Keys to Being Your Best as Work and at Play (NTC Self-Help)

By Bryan Dodge, Matt Rudy

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His message is this: the good life is within our reach-- once we know how to find it. His simple but powerful lessons show us the way to find more satisfaction at work and at home, how to embrace change, create upward growth, and focus on the things that really matter. These are *The Good Life Rules*.

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Editorial Review

About the Author

Bryan Dodge is one of today's most celebrated experts on personal and professional growth, with hundreds of thousands of fans across the United States and Canada. Renowned for his spirited delivery, down-home wit, and common touch, Bryan makes more than 300 appearances each year for corporate clients like IBM, Dell, American Airlines, and Bank of America. He hosts the popular "Build a Better You" radio show on Dallas WBAP, and his monthly newsletter reaches more than 20,000 people.

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