



Sapo In My Soul: The Matsés Frog Medicine

By Peter Gorman

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Sapo In My Soul is the story of the Western world's discovery of the powerful Matsés frog medicine known as *Sapo* or *Kambo*.

Part memoir, adventure story, magical mystery tour, jungle jaunt and documentary, *Sapo In My Soul* is an essential guidebook to using the medicine traditionally.

With over two dozen photos as well as stories and information on *sapo*'s sister medicine *nü-nü*, *Sapo In My Soul* is a power-packed ride into uncharted terrain.

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Sapo In My Soul: The Matsés Frog Medicine By Peter Gorman Bibliography

- Sales Rank: #720544 in Books
- Published on: 2015-03-01
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .47" w x 5.50" l, .54 pounds
- Binding: Paperback
- 208 pages

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Editorial Review

Review

"Adventurous, courageous, observant, self-revealing, at times funny and always raging forward, Peter Gorman reminds me that people at the margins define any endeavour.

"This is a wonderful account. Peter's portrayal of sapo reminds readers that the wild is very wild indeed.

CHRIS KILHAM, author of *The Ayahuasca Test Pilots Handbook*, *The Essential Guide To Ayahuasca Journeying*

"Unlike ayahuasca, the purgative venom of the *Phyllomedusa bicolor* tree frog, or sapo, is called "ordeal medicine" by the Matsés natives. Peter Gorman's new book charts his personal rediscovery of sapo, as well as his ongoing love story with the jungles of South America and the people and spirits that inhabit it. Gorman has gone through a tremendous ordeal to bring this timely medicine to the global tribe; reading it will not kill you, but it will make you stronger."

RAK RAZAM, author/producer *Aya: Awakenings*

"This is pure Peter Gorman. Story telling, adventure and science rolled into one enjoyable read."

LYNN CHILSON, seeker and former NASA scientist

From the Back Cover

"Adventurous, courageous and foolish in fairly equal measures, Peter has drunk, snorted, inhaled and otherwise extensively fed deeply from the ingenious pharmacopoeia of the Amazonian shamans. In his latest tale *Sapo In My Soul*, he recounts his dramatic discovery of the use of sapo frog among the Peruvian Matsés. Using his well-developed eye for detail and driven by innate curiosity, Gorman shares his early days of *sapo* discovery, and sets the scene for the examination of *sapo*'s novel peptides by pharmaceutical entities.

"Observant, self-revealing, at times funny and always raging forward, Peter Gorman reminds me that people at the margins define any endeavor. Gorman, with his rough talk, his journalist's eye, his seemingly alarming lack of regard for personal safety and his various well detailed mishaps, makes an ideal narrator for this tale. Discoveries are many, and researchers are always coming up with new candidates for drug development. But in Peter Gorman's narration, the use and investigation of *sapo* simultaneously fascinates and entertains, albeit in an often squirmingly uncomfortable way.

"This is a wonderful account. And Peter's portrayal of *sapo* reminds readers that the wild is very wild indeed."

CHRIS KILHAM, author of *The Ayahuasca Test Pilots Handbook*, *The Essential Guide To Ayahuasca Journeying*

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LYNN CHILSON, seeker and former NASA scientist

About the Author

Award-winning investigative journalist Peter Gorman has covered stories from the streets of Bombay to the heart of Manhattan to the Mexican border and beyond. In addition to his career in journalism, Peter Gorman has spent parts of the last 30 years in the Amazon jungle in Peru, where he has been a collector of artifacts for the American Museum of Natural History in New York, herpetological specimens for the FIDIA Research Institute of the University of Rome, and medicinal plants for Shaman Pharmaceuticals. The father of three, Gorman splits his time between Joshua, Texas—where he is a staff writer for the Fort Worth Weekly, the city's alternative paper—and Peru, where he takes small groups out into the deep jungle for healing with ayahuasca and the indigenous Matsés' medicines, *sapo* and *nü-nü*. He is the author of the book *Ayahuasca in My Blood—25 Years of Medicine Dreaming*.

Users Review

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