



# Pediatric Physical Examination-: An Illustrated Handbook, 2e

*By Karen Duderstadt RN PhD CPNP PCNS*

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"This handbook serves the needs of undergraduate medical students ,nursing students and is good refresher for Pediatric post graduates." **Reviewed by:** Neel Kamal, **Date:** Aug. 14

This portable, photo-rich guide to physical examination for Nurse Practitioners and other primary care providers will help you develop the unique range of skills required to assess children of all ages. System chapters begin with embryological development and review the key developmental stages of childhood. For infants and young children, this step-by-step guide uses the "quiet-to-active" approach favored by pediatric experts and considered more effective for this age-group than the traditional head-to-toe approach used for adults. Other key topics include pediatric mental health assessment and growth and development screening and surveillance.

- Uses the **quiet-to-active approach to the examination of infants and young children**, starting with listening and moving on to touching, the pediatric assessment approach that yields the best results in this age group.
- **More than 300 photos and line drawings** facilitate learning and familiarize you with common assessment findings.
- **Information Gathering tables** highlight questions and data needed from the patient/guardian, with questions conveniently separated by age group, to help you take an accurate history.
- **Charting examples** show you how to record physical examination findings in the health record and acquaint you with documentation language and format.
- **Pediatric Pearls** highlight effective physical examination findings and techniques gleaned from actual practice.
- Coverage of **assessment of the preterm infant** equips you with practical tools for assessing this unique pediatric population.
- **Full-color format** facilitates readability and learning.
- An easy-access **two-column format** provides quick access to concise information.
- **Spiral binding** lets you lay the book flat or fold it back for easy visualization and quick reference in the clinical setting.

- **NEW! Expanded coverage of growth and development screening and surveillance** reviews the methods and tools used for screening children for developmental delays and emotional and behavioral problems ? one of the most challenging aspects of well-child care.
- **NEW! Expanded coverage of history-taking and charting**, with special emphasis on electronic charting, dermatologic assessment of more darkly pigmented skin, and adolescent assessment, provides valuable, need-to-know information.
- **NEW! Expanded coverage of pediatric mental health assessment**, including depression and anxiety, better equips you to assess for the 70% of adolescent mental health disorders that are thought to be unrecognized and untreated.
- **NEW! *Family, Cultural, and Racial Considerations* sections** address the increasingly important areas of family and cultural assessment to prepare you for differences to anticipate when assessing children of different cultural or racial groups.
- **NEW! Enhanced illustration program featuring more than 50 new photos and illustrations** better prepares you for clinical practice.
- **NEW *Summary of Examination* lists at the end of each examination chapter** highlight key assessment points associated with each body system and serve as a convenient quick reference and learning aid.
- **NEW! Evidence-Based Practice Tips** highlight useful research findings that guide you in your clinical practice.
- **NEW! New and updated content on congenital and acquired heart disease, disorders of sexual differentiation, and sports-related concussions, as well as updated autism screening guidelines and World Health Organization (WHO) growth charts**, highlights important trends in pediatric primary care practice.
- **NEW! Improved *Environmental Health History* chapter, with new information on exposure to lead and endocrine-disrupting chemicals, culture-specific exposures, and diagnostic testing**, addresses key toxicants and guides you in performing an environmental health screening history and establishing a risk profile for exposure to environmental pollutants.
- **NEW! Attractive new design** improves readability and usability, as well as learning and reference value.

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**Pediatric Physical Examination-: An Illustrated Handbook, 2e By Karen Duderstadt RN PhD CPNP PCNS Bibliography**

- Sales Rank: #27790 in Books
- Published on: 2013-10-15
- Original language: English
- Number of items: 1
- Dimensions: .60" h x 6.90" w x 9.90" l, .0 pounds
- Binding: Spiral-bound
- 376 pages

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## **Editorial Review**

### **Review**

"This handbook serves more than its obligatory purpose by inserting the relevant additional information about basic information. Addressing the needs of the parent while caring for the child has been given due importance. Various examination techniques have been very well explained and beautifully illustrated. This handbook serves the needs of undergraduate medical students, nursing students and is good refresher for Pediatric post graduates." **Reviewed by:** Neel Kamal, **Date:** Aug. 14

### **About the Author**

Karen Duderstadt, RN, MS, PNP, Associate Clinical Professor, Department of Family Health Care Nursing, University of California - San Francisco, San Francisco, CA

## **Users Review**

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