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By Don Tolman

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Editorial Review

About the Author

Don Tolman is an author, public speaker, trainer, imaginist, entertainer and experimental nutritional-eating researcher. He has written multiple books on a variety of skill-specific mental functions and self-improvement topics. He has been a coach and mentor for key personnel with Xerox, General Motors, and Pitney Bowes corporations. Don has spoken to more than 1,000 audiences in all 50 states and in 7 foreign countries. His media credits include more than 50 radio and TV talk show appearance per year. He has been a return guest on the Donahue Show, Entertainment Tonight, ABC Talk Radio, and he's a regular guest on The Aware Show in Los Angeles, CA, as well as many newspapers & magazines

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