



28 Days to Ecstasy for Couples: Tantra Step by Step

By Pala Copeland, Al Link

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Would you like to experience erotic sex like never before? Go beyond pleasure to find true bliss? Connect with your lover to reach new levels of spiritual ecstasy? Enjoy all of this and more as you discover the depths of Tantric sex.

With a daily practice averaging just 20 minutes, *28 Days to Ecstasy* offers the perfect way to fit Tantra into your busy life. Short on time or away from your partner? Try fifty quick exercises designed to keep your passion white-hot.

Clear illustrations and numbered steps show you exactly how to perform each blissful lesson. As you move through each day of the plan, you'll learn many sexy techniques to thrill your lover:

- Extend your lovemaking sessions to several hours by controlling your sexual energy
- Explore new ways to deepen intimacy with Kama Sutra positions
- Create multiple orgasms for you and your partner
- Increase your sexual fitness with pleasure-enhancing toning exercises
- Keep your bedroom hot with sexual role-play and fantasy games
- Bring your lover to peaks of excitement with erotic massage

. . . and enjoy the most intensely pleasurable sex you have ever experienced!

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Editorial Review

Review

An easy practical guide on tantra; a good book to begin with ideas for things to do after the first month. The second half of the book contains plenty of suggestions for ways to continue practicing sacred sex.

--BadWitch's Blog April 2008

"Thanks to both of you for bringing such richness, connection, delight and joy back into our lives."

--Rita and Kevin, on completing the 28 day course

"It was a new experience for her to orgasm regularly and more easily."

--John, on completing the 28 day course

"The PC squeezes with the Yab/Yum position allowed him to better control his erection level as we did circular breathing." --Sandy, on completing the 28 day course

"The program is great. I can actually see it as a work for any couple who has been together for a long time and whose sex life is either waning or humdrum." --Mary and Martin on completing the 28 day course

"[T]his is a great one...Recommended reading even if you have no intention of practicing tantric sex." -- Sue Johanson, *Talk Sex with Sue*

From the Author

We managed to keep the electronic rights to our published book *28 Days to Ecstasy: Tantra Step by Step*. The electronic Kindle version is named *Tantra Step by Step: 28 Days to Ecstasy*.

The eBook version text is exactly as it appears in the published book, but also includes color photo illustrations of many exercises, practices and sexual positions that do not appear in the published book.

We have also released our Tantra Home Study Course on DVD, available at Amazon. That DVD includes video instruction to accompany all of the lessons in the 28 Days to Ecstasy Plan from the published book. It also includes the eBook version of the book on the DVD.

You insert the DVD into your computer to read the eBook, and you watch the video lessons on any DVD player and TV, or on your computer.

From the Inside Flap

The exercises in the 28 day plan, although short and simple, will have a cumulative effect of transforming the quality of your relationship. You are not required to give up the way you currently make love, or anything else important to you, including your values or beliefs. But by the end of the 28 days your life will have changed, sometimes profoundly for the better.

You can have the relationship happiness you dream about. You can experience the most sublime intimate connection emotionally, energetically, and spiritually with your lover. You can have all the great sex you

want. You can give and receive pleasure and love in abundance. You can heal and become whole. You can have it all.

The only question for you to answer is "How good are you willing to have it?"

Users Review

From reader reviews:

Sara Otoole:

What do you ponder on book? It is just for students as they are still students or the idea for all people in the world, what best subject for that? Only you can be answered for that concern above. Every person has several personality and hobby per other. Don't to be forced someone or something that they don't desire do that. You must know how great and also important the book 28 Days to Ecstasy for Couples: Tantra Step by Step. All type of book can you see on many solutions. You can look for the internet solutions or other social media.

Joseph Tucker:

Here thing why this specific 28 Days to Ecstasy for Couples: Tantra Step by Step are different and dependable to be yours. First of all examining a book is good nonetheless it depends in the content of the usb ports which is the content is as scrumptious as food or not. 28 Days to Ecstasy for Couples: Tantra Step by Step giving you information deeper as different ways, you can find any book out there but there is no publication that similar with 28 Days to Ecstasy for Couples: Tantra Step by Step. It gives you thrill reading through journey, its open up your current eyes about the thing this happened in the world which is perhaps can be happened around you. It is easy to bring everywhere like in park your car, café, or even in your means home by train. Should you be having difficulties in bringing the branded book maybe the form of 28 Days to Ecstasy for Couples: Tantra Step by Step in e-book can be your substitute.

Elizabeth Fischer:

The reason? Because this 28 Days to Ecstasy for Couples: Tantra Step by Step is an unordinary book that the inside of the book waiting for you to snap the idea but latter it will jolt you with the secret it inside. Reading this book adjacent to it was fantastic author who write the book in such wonderful way makes the content inside easier to understand, entertaining means but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This excellent book will give you a lot of benefits than the other book get such as help improving your skill and your critical thinking method. So , still want to hesitate having that book? If I were you I will go to the reserve store hurriedly.

Regina Schubert:

That reserve can make you to feel relax. That book 28 Days to Ecstasy for Couples: Tantra Step by Step was multi-colored and of course has pictures around. As we know that book 28 Days to Ecstasy for Couples: Tantra Step by Step has many kinds or genre. Start from kids until youngsters. For example Naruto or

Investigation company Conan you can read and think that you are the character on there. So , not at all of book are usually make you bored, any it offers you feel happy, fun and rest. Try to choose the best book for you personally and try to like reading that.

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