



SoJourn to Honduras SoJourn to Healing: Why An Herbalist's View Matters More Today Than Ever Before

By Beverly Oliver

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Usha Village, an alternative medicine and natural healing center in Honduras, Central America, is the setting for SoJourn to Honduras SoJourn to Healing: Why An Herbalist's View Matters More Today Than Ever Before. This revised, 2nd edition offers a view of proven and effective alternative healing experienced by Dr. Sebi, a man who knows firsthand the benefits of such a method. Dr. Sebi, a pathologist and herbal medicine specialist for more than 35 years, welcomed author Beverly Oliver to Usha Village, land replete with a natural hot spring, to share health advice, anecdotes about the food and health connection, and his personal and professional journey with alternative healing and medicine. SoJourn to Honduras SoJourn to Healing explores Dr. Sebi's views on AIDS, diabetes, cancer, his success in treating these diseases and the social and political roadblocks he's faced while doing so. Chapter and Section titles include: Usha Village, Cosmic Thermal; The Healer Makes a Case for the Natural; Alfredo Bowman Is Dr. Sebi the Healer; Food and the African Gene; They Know I Cure AIDS; Reflections on the Elderly and the Young at Usha Village; Healing Hot Spring

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