



The Ultimate Survival Manual (Outdoor Life Extreme Edition)

By Rich Johnson

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The Ultimate Survival Manual (Outdoor Life Extreme Edition) By Rich Johnson

Get ready, get set, SURVIVE! This updated and extreme edition of the popular, bestselling 2012 title is what you need if you want to protect your family, save yourself, and prevail over any danger. With the most up-to-date tips and the expert advice from the professionals at *Outdoor Life* magazine, *The Ultimate Survival Manual* is your comprehensive guide to surviving everything. With high-quality design, intricate detail, and a durable flexicover—this manual is the perfect gift!

You're lost in the woods without food or water. Confronted by an armed assailant in the dead of night. Forced to outrun a deadly tornado. Don't worry - *The Ultimate Survival Manual* has you covered. Rich Johnson and the experts at *Outdoor Life* are the people that have been there and survived that; with the revised *Ultimate Survival Manual* they bring you all the information you need to do the same.

Out in the Wild From navigating with a compass, to fending off a cougar, to prevailing over pirates, learn to survive in the forests, deserts, and oceans like an expert outdoorsman.

During a Disaster Whether it's a towering tsunami or a blazing wildfire, bad things happen every day. Know what to do when the going gets tough.

In an Urban Crisis Arm yourself with the latest self-defense moves, weapon tips, and home-protection tactics, plus crucial strategies for handling bad guys and bad situations at home and abroad.

This revised and expanded edition ventures farther into deeper, scarier, and stranger places in search of the ultimate survival information. Packed with the hands (and feet, and teeth) –on tips, this go-to-survival guide will help you prevail over the worst that the world has to offer. With high-quality design, intricate detail, and a durable flexicover—this manual is the perfect gift!

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Editorial Review

About the Author

When it comes to survival, Rich Johnson's done a lot of it. He's worked as a demolition sergeant in the US Army Special Forces, a Coast Guard Auxiliary instructor, an EMT, a volunteer firefighter, and a policeman. In his off hours, he's excelled as an advanced SCUBA diver, paratrooper, sailor, and skier. He once spent a year living in a cave and eating bugs—for fun! He's written extensively for *Outdoor Life* and a number of other outdoor adventure and automotive magazines.

For over 110 years, *Outdoor Life* has provided outdoor and urban survival expertise to millions of readers. Their authors have written on everything from disaster preparedness to subsistence hunting and fishing, to which guns to use against the undead (really!). Readers count on them for survival information from the everyday (how do I best bandage a bad cut) to the extreme (what if my town is devastated by a tornado?).

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Tip 041: Live through a Grizzly Encounter

If a grizzly's mauling you, cuss yourself for getting in that fix. But do it quietly, because you're supposed to be playing dead, and corpses don't talk. The griz probably doesn't want to eat you, but you've interrupted her routine (it's most likely a female protecting cubs). And now you're going to have to pay.

TAKE YOUR MAULING The best thing you can do to avoid injury or death is to shield yourself by going face-down on the ground with your backpack (let's hope you're wearing one) protecting your back. Cover your head and neck with your hands and play dead; it's your best chance of not becoming dead for real.

KEEP QUIET Expect to be batted around, perhaps bitten a few times, and maybe clawed. Stay quiet if you can, which is a tall order when a bear has one of your body parts in her mouth.

WAIT IT OUT When the bear decides you are no longer a threat or an annoyance, she'll probably huff and wander away. Stay still until she's long gone.

Users Review

From reader reviews:

Mary Bingham:

The book The Ultimate Survival Manual (Outdoor Life Extreme Edition) can give more knowledge and information about everything you want. So just why must we leave a good thing like a book The Ultimate Survival Manual (Outdoor Life Extreme Edition)? A number of you have a different opinion about reserve. But one aim this book can give many info for us. It is absolutely suitable. Right now, try to closer using your book. Knowledge or data that you take for that, you could give for each other; you can share all of these. Book The Ultimate Survival Manual (Outdoor Life Extreme Edition) has simple shape however, you know: it has great and large function for you. You can appearance the enormous world by wide open and read a publication. So it is very wonderful.

Jimmy Borrelli:

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Robert Collado:

People live in this new moment of lifestyle always aim to and must have the spare time or they will get great deal of stress from both way of life and work. So , if we ask do people have spare time, we will say absolutely of course. People is human not really a robot. Then we consult again, what kind of activity are you experiencing when the spare time coming to an individual of course your answer will unlimited right. Then do you try this one, reading textbooks. It can be your alternative in spending your spare time, the book you have read is definitely The Ultimate Survival Manual (Outdoor Life Extreme Edition).

Latonya Sams:

What is your hobby? Have you heard that question when you got pupils? We believe that that question was given by teacher on their students. Many kinds of hobby, Every person has different hobby. Therefore you know that little person just like reading or as examining become their hobby. You need to understand that reading is very important along with book as to be the matter. Book is important thing to add you knowledge, except your current teacher or lecturer. You discover good news or update about something by book. Amount types of books that can you take to be your object. One of them is niagra The Ultimate Survival Manual (Outdoor Life Extreme Edition).

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