



Straight From The Heart: A Physician's Loving Message of Healing & Wellness

By Dr. Jewel Pookrum

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Dr. Jewel Pookrum's second book, "Straight From The Heart", describes in basic, clear, scientific humor, how we evolved to become the present divine force, responsible for creating the reality we call "our life". "To be a joyful and efficient individual in the 21st century will require each member of our society to become aware and enlightened about the relationship between the anatomy of our body and its effects in our environment." - Dr. Jewel Pookrum

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