



## Profiles in Caregiving: The Unexpected Career

By Carol S. Aneshensel, Leonard I. Pearlin, Joseph T. Mullan, Steven H. Zarit, Carol J. Whitlatch

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Given medical advances and greater understanding of healthful living habits, people are living longer lives. Proportionally speaking, a greater percentage of the population is elderly. Despite medical advances, there is still no cure for dementia, and as elderly individuals succumb to Alzheimer's Disease or related dementia, more and more people are having to care for their elderly parents and /or siblings. *Profiles in Caregiving* is practical source of information for anyone who teaches caregiving, acts as a caregiver, or studies caregiving.

This book discusses recent research on stress factors associated with caregiving, and what factors impact on successful versus non-successful adaptation to the care-giving role. This is an expanding field in gerontology, and is also of interest to personality and social psychologists studying stress and interpersonal relations. Although there are many books on the cause and treatment of dementia, there has been a book that provides a research investigation into the factors associated with effective caregiving to dementia patients.

- Conceptualizes caregiving as a multistage career whose impact on the caregiver continues to be felt after in-home care has ceased
- Based upon a longitudinal survey of a demographically diverse sample of principal caregivers over a three-year period
- Identifies caregivers who are most at-risk for adverse adaptation to the role
- Describes preventative and clinical intervention strategies
- Identifies post-care risk and issues
- Identifies antecedents to successful adaptation
- State of the art analytic techniques
- Graphic presentation of empirical findings
- Renowned multidisciplinary research team

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## **Editorial Review**

### **Review**

"This unique book sensitizes as well as informs; its special merit is its artful interspersion of poignant commentary and quotations from individual caregivers, giving personalized meaning and humanistic vitality that can bring tears as it speaks to the heart of the reader. Suitable figures, tables, and photographs. Academic scholarship at its best. Important reading for teachers, administrations, researchers, and clinicians in geriatrics, and an imperative acquisition for libraries serving the needs of such users." **--CHOICE**

"A study tracing the experience of husbands, wives, daughters, and sons caring for family members with Alzheimers disease . Discusses both common stress factors and the way stress affects the caregivers physical and emotional well-being. The personal stories of four caregivers are woven throughout." **--SCI TECH BOOKNEWS**

"The authors of this monograph are among the foremost researchers and theorists in health psychology and gerontology, and they have produced a volume that is arguably the most comprehensive view to date of the experience of caring for a family member with Alzheimer's disease (AD).... *Profiles in Caregiving* could well become an indispensable reference not only for researchers and policymakers but also for professionals whose aim is to ease the burden borne by AD caregivers." **--Gail M. Williamson in CONTEMPORARY PSYCHOLOGY**

"*Profiles in Caregiving* is a rich path-breaking book, one that seeks to address research, clinical, educational, and family audiences at one turn. Working through the detailed findings will provide many rich possibilities for clinical insights into caregiving issues in general... *Profiles in Caregiving* is most useful as a model for researchers on the integration of theory and empirical survey research in a longitudinal context, but also points up the fragmented nature of much of our sophisticated empirical analyses." **--Baila Miller, Case Western Reserve University, INTERDISCIPLINARY JOURNAL OF APPLIED FAMILY STUDIES.**

### **From the Back Cover**

More and more people are being pressed into service as caregivers for their siblings, parents, or spouses with Alzheimer's Disease or other dementia. With this caregiving role comes added stress and a difficult adjustment period for what begins as a part-time role and can become an unexpected career. **Profile in Caregiving: The Unexpected Career** is a practical source of information for anyone who teaches caregiving, acts as a caregiver, or studies caregiving. It is the first book that provides a research investigation into the factors associated with effective caregiving to dementia patients.

This landmark work traces the experience of husbands, wives, daughters, and sons in the caregiving role, identifying common stress factors and discussing how stress affects the caregiver's physical and emotional well-being.

Examines the five major phases of caregiving:

- \* Acquisition of role as caregiver
- \* In-home care
- \* Institutional care
- \* Bereavement (patient death)
- \* Social reintegration of caregiver

- \* Conceptualizes caregiving as a multistage career whose impact on the caregiver continues to be felt after in-home care has ceased.
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## Users Review

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#### **Ellen Wirth:**

Reading can called mind hangout, why? Because if you find yourself reading a book specially book entitled Profiles in Caregiving: The Unexpected Career the mind will drift away trough every dimension, wandering in each and every aspect that maybe mysterious for but surely will become your mind friends. Imaging every word written in a publication then become one type conclusion and explanation in which maybe you never get just before. The Profiles in Caregiving: The Unexpected Career giving you another experience more than blown away your mind but also giving you useful info for your better life on this era. So now let us show you the relaxing pattern at this point is your body and mind will be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary wasting spare time activity?

#### **Arthur Elsberry:**

Your reading 6th sense will not betray you actually, why because this Profiles in Caregiving: The Unexpected Career guide written by well-known writer who really knows well how to make book which might be understand by anyone who have read the book. Written with good manner for you, dripping every ideas and creating skill only for eliminate your hunger then you still uncertainty Profiles in Caregiving: The Unexpected Career as good book not only by the cover but also from the content. This is one reserve that can break don't determine book by its cover, so do you still needing an additional sixth sense to pick that!? Oh come on your looking at sixth sense already said so why you have to listening to another sixth sense.

#### **Maria Saad:**

Reading a book to become new life style in this 12 months; every people loves to read a book. When you examine a book you can get a great deal of benefit. When you read guides, you can improve your knowledge, because book has a lot of information in it. The information that you will get depend on what kinds of book that you have read. If you wish to get information about your analysis, you can read education books, but if you act like you want to entertain yourself read a fiction books, such us novel, comics, as well as soon. The Profiles in Caregiving: The Unexpected Career offer you a new experience in looking at a book.

#### **John Lien:**

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everything we wish. A book is a range of written, printed, illustrated or even blank sheet. Every year seemed to be exactly added. This book Profiles in Caregiving: The Unexpected Career was filled regarding science. Spend your time to add your knowledge about your scientific disciplines competence. Some people has distinct feel when they reading a book. If you know how big benefit of a book, you can truly feel enjoy to read a guide. In the modern era like right now, many ways to get book which you wanted.

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