



## **My Health: The MasteringHealth Edition Plus MasteringHealth with Pearson eText -- Access Card Package (2nd Edition)**

*By Rebecca J. Donatelle*

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The **MasteringHealth Edition** is designed to work with MasteringHealth to provide students with concrete learning goals, giving instructors an invaluable tool for assessing students' progress. The book builds on the power of MasteringHealth by tying its learning goals to a variety of interactive activities and assets.

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### About the Author

**Rebecca Donatelle** is a professor emeritus in Public Health and was the Coordinator of the Public Health Promotion and Education Programs in the College of Health and Human Sciences at Oregon State University. She has a PhD in Community Health/Health Education, a Master of Science degree in Health Education, and a Bachelor of Science degree with majors in both Health/Physical Education and English. She is also a Certified Health Education Specialist. In addition to her varied teaching responsibilities, Becky has been an active researcher in the area of health behaviors and behavior change. She received the Leadership Award, outstanding teacher award in her college, and a Robert Wood Johnson Foundation Presidential Award for Promising New Research in the Smoke-Free Families National Initiative.

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