



Mere Spirituality: The Spiritual Life According to Henri Nouwen

By Wil Hernandez PhD Obl OSB

Download now

Read Online ➔

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB

Discover Henri Nouwen's authentic, spacious spirituality of being deeply beloved.

"When we are at one with our self, it becomes effortless for us to welcome and embrace the same self where God resides, the self that God loves with the first love, preceding all human love. With Nouwen, we are able to carry our own beautiful, deeply loved self in our heart."

?from the Introduction

Henri Nouwen's compelling spirituality of the heart is at once simple and complex, accessible but deeply profound. For this beloved Catholic theologian, whose ecumenical writings continue to inspire Christians of all denominations and levels of involvement, spirituality is, at its most basic, simply "attention to the life of the spirit in us."

This insightful distillation of Nouwen's vast literary legacy invites our tender hearts to take courage and be still, creating space for God and our true selves. It is in this place of trust and solitude that we discover our belovedness and our capacity to love God and others.

A scholar and spiritual director intimately acquainted with Nouwen's understanding of the spiritual life, Wil Hernandez, PhD, Obl. OSB, offers an elegant synthesis of Nouwen's main themes, inspiring us to embrace the power and vulnerability of mere spirituality.

 [Download Mere Spirituality: The Spiritual Life According to ...pdf](#)

 [Read Online Mere Spirituality: The Spiritual Life According ...pdf](#)

Mere Spirituality: The Spiritual Life According to Henri Nouwen

By Wil Hernandez PhD Obl OSB

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB

Discover Henri Nouwen's authentic, spacious spirituality of being deeply beloved.

"When we are at one with our self, it becomes effortless for us to welcome and embrace the same self where God resides, the self that God loves with the first love, preceding all human love. With Nouwen, we are able to carry our own beautiful, deeply loved self in our heart."
?from the Introduction

Henri Nouwen's compelling spirituality of the heart is at once simple and complex, accessible but deeply profound. For this beloved Catholic theologian, whose ecumenical writings continue to inspire Christians of all denominations and levels of involvement, spirituality is, at its most basic, simply "attention to the life of the spirit in us."

This insightful distillation of Nouwen's vast literary legacy invites our tender hearts to take courage and be still, creating space for God and our true selves. It is in this place of trust and solitude that we discover our belovedness and our capacity to love God and others.

A scholar and spiritual director intimately acquainted with Nouwen's understanding of the spiritual life, Wil Hernandez, PhD, Obl. OSB, offers an elegant synthesis of Nouwen's main themes, inspiring us to embrace the power and vulnerability of mere spirituality.

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB
Bibliography

- Rank: #726886 in Books
- Published on: 2015-10-21
- Released on: 2015-10-21
- Original language: English
- Number of items: 1
- Dimensions: 22.86" h x 1.07" w x 6.00" l, .0 pounds
- Binding: Paperback
- 160 pages

 [Download Mere Spirituality: The Spiritual Life According to ...pdf](#)

 [Read Online Mere Spirituality: The Spiritual Life According ...pdf](#)

Editorial Review

Review

"Captures Henri Nouwen's 'spirituality of the heart' while providing readers with a cohesive summary.... A wonderful place for readers to get an overview of the critical components of Nouwen's authentic spirituality."

?**Karen Pascal**, executive director, Henri Nouwen Society & Legacy Trust

"A simple yet profound introduction to contemplative practice as a basis for active ministry in the world. Wil Hernandez is an expert interpreter of Nouwen's life and works."

?**Michael J. Christensen, PhD**, director, Shalom Initiative for Prophetic Leadership and Community Development, Drew University; coeditor of the Nouwen trilogy *Spiritual Direction*, *Spiritual Formation* and *Discernment*

"Lays out the brilliant spirituality of Henri Nouwen for the reader and student in the clearest and most useful terms.... This unpretentious but lovely book will quickly become a classic."

?**Roberta C. Bondi**, professor emerita, Candler School of Theology, Emory University

"Wil Hernandez is one of the most insightful interpreters of the writings of the late Henri Nouwen.... This vision can re-invigorate a tired Christianity in the Western world."

?**Charles Ringma**, theologian and activist; author, *Hear the Heartbeat with Henri Nouwen*

"Wil Hernandez has provided his readers a way to dive deeply into Nouwen's timeless wisdom. *Mere Spirituality* is a treasure."

?**Rev. Jane E. Vennard**, spiritual director; author, *Fully Awake and Truly Alive* and *Teaching The Sacred Art*

"A life-giving reminder that spirituality is not a program added to one's life, but it spills from our heart and from the very core of our being. This book is both an invitation and an essential encouragement."

?**Rev. Terry Hershey**, author, *Sanctuary: Creating a Space for Grace in Your Life*

About the Author

Wil Hernandez, PhD, Obl. OSB, is a passionate advocate for the work of spiritual formation in individuals and congregations, and he finds great joy in sharing Henri Nouwen's spiritual legacy. He teaches courses on the spirituality of Henri Nouwen at seminaries and universities throughout the U.S. and abroad as a spiritual director and international workshop and retreat leader. He is also author of a Henri Nouwen trilogy, which includes *Henri Nouwen and Spiritual Polarities: A Life of Tension*, and is founder and executive director of CenterQuest: An Ecumenical Hub for the Study and Practice of Christian Spirituality (www.CQCenterQuest.org).

For more information about Wil Hernandez's courses, retreats, seminars and workshops on Henri Nouwen, please visit www.nouwenlegacy.com or email Wil at wil@nouwenlegacy.com.

Ronald Rolheiser, popular ecumenical Catholic theologian and columnist, is author of *The Holy Longing* and *Sacred Fire*, among other books.

Users Review

From reader reviews:

Phyllis Baudoin:

The book *Mere Spirituality: The Spiritual Life According to Henri Nouwen* give you a sense of feeling enjoy for your spare time. You can utilize to make your capable considerably more increase. Book can to get your best friend when you getting stress or having big problem with your subject. If you can make examining a book *Mere Spirituality: The Spiritual Life According to Henri Nouwen* to be your habit, you can get considerably more advantages, like add your current capable, increase your knowledge about a few or all subjects. You may know everything if you like open up and read a book *Mere Spirituality: The Spiritual Life According to Henri Nouwen*. Kinds of book are a lot of. It means that, science e-book or encyclopedia or other folks. So , how do you think about this guide?

John Householder:

This *Mere Spirituality: The Spiritual Life According to Henri Nouwen* book is not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book will be information inside this guide incredible fresh, you will get data which is getting deeper you read a lot of information you will get. That *Mere Spirituality: The Spiritual Life According to Henri Nouwen* without we comprehend teach the one who reading it become critical in pondering and analyzing. Don't possibly be worry *Mere Spirituality: The Spiritual Life According to Henri Nouwen* can bring when you are and not make your handbag space or bookshelves' become full because you can have it within your lovely laptop even cellphone. This *Mere Spirituality: The Spiritual Life According to Henri Nouwen* having good arrangement in word in addition to layout, so you will not sense uninterested in reading.

Eldon Hall:

The event that you get from *Mere Spirituality: The Spiritual Life According to Henri Nouwen* will be the more deep you rooting the information that hide within the words the more you get interested in reading it. It doesn't mean that this book is hard to understand but *Mere Spirituality: The Spiritual Life According to Henri Nouwen* giving you enjoyment feeling of reading. The article writer conveys their point in a number of way that can be understood by means of anyone who read it because the author of this publication is well-known enough. This book also makes your vocabulary increase well. Making it easy to understand then can go together with you, both in printed or e-book style are available. We highly recommend you for having this kind of *Mere Spirituality: The Spiritual Life According to Henri Nouwen* instantly.

Crystal Parrish:

As a scholar exactly feel bored to reading. If their teacher questioned them to go to the library as well as to make summary for some e-book, they are complained. Just tiny students that has reading's heart or real their

passion. They just do what the teacher want, like asked to the library. They go to there but nothing reading really. Any students feel that examining is not important, boring as well as can't see colorful pics on there. Yeah, it is to become complicated. Book is very important for you personally. As we know that on this time, many ways to get whatever we really wish for. Likewise word says, ways to reach Chinese's country. Therefore , this Mere Spirituality: The Spiritual Life According to Henri Nouwen can make you truly feel more interested to read.

**Download and Read Online Mere Spirituality: The Spiritual Life
According to Henri Nouwen By Wil Hernandez PhD Obl OSB
#DQI5CU6ELFP**

Read Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB for online ebook

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB books to read online.

Online Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB ebook PDF download

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB Doc

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB Mobipocket

Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB EPub

DQI5CU6ELFP: Mere Spirituality: The Spiritual Life According to Henri Nouwen By Wil Hernandez PhD Obl OSB