



## Gurus of Modern Yoga

From Oxford University Press

Download now

Read Online ➔

### **Gurus of Modern Yoga** From Oxford University Press

Within most pre-modern, Indian traditions of yoga, the role of the guru is absolutely central. Indeed, it was often understood that yoga would simply not work without the grace of the guru. The modern period saw the dawn of new, democratic, scientific modes of yoga practice and teaching. While teachings and gurus have always adapted to the times and circumstances, the sheer pace of cultural change ushered in by modernity has led to some unprecedented innovations in the way gurus present themselves and their teachings, and the way they are received by their students.

*Gurus of Modern Yoga* explores the contributions of individual gurus to the formation of the practices and discourses of yoga today. The focus is not limited to India, but also extends to the teachings of yoga gurus in the modern, transnational world, and within the Hindu diaspora. Each section deals with a different aspect of the guru within modern yoga. Included are extensive considerations of the transnational tantric guru; the teachings of modern yoga's best-known guru, T. Krishnamacharya, and those of his principal disciples; the place of technology, business and politics in the work of global yoga gurus; and the role of science and medicine. As a whole, the book represents an extensive and diverse picture of the place of the guru, both past and present, in contemporary yoga practice.

📄 [Download Gurus of Modern Yoga ...pdf](#)

📖 [Read Online Gurus of Modern Yoga ...pdf](#)

# Gurus of Modern Yoga

*From Oxford University Press*

## **Gurus of Modern Yoga** From Oxford University Press

Within most pre-modern, Indian traditions of yoga, the role of the guru is absolutely central. Indeed, it was often understood that yoga would simply not work without the grace of the guru. The modern period saw the dawn of new, democratic, scientific modes of yoga practice and teaching. While teachings and gurus have always adapted to the times and circumstances, the sheer pace of cultural change ushered in by modernity has led to some unprecedented innovations in the way gurus present themselves and their teachings, and the way they are received by their students.

*Gurus of Modern Yoga* explores the contributions of individual gurus to the formation of the practices and discourses of yoga today. The focus is not limited to India, but also extends to the teachings of yoga gurus in the modern, transnational world, and within the Hindu diaspora. Each section deals with a different aspect of the guru within modern yoga. Included are extensive considerations of the transnational tantric guru; the teachings of modern yoga's best-known guru, T. Krishnamacharya, and those of his principal disciples; the place of technology, business and politics in the work of global yoga gurus; and the role of science and medicine. As a whole, the book represents an extensive and diverse picture of the place of the guru, both past and present, in contemporary yoga practice.

## **Gurus of Modern Yoga** From Oxford University Press Bibliography

- Sales Rank: #1338385 in Books
- Published on: 2013-12-04
- Released on: 2013-12-04
- Original language: English
- Number of items: 1
- Dimensions: 6.10" h x 1.10" w x 9.20" l, 1.25 pounds
- Binding: Paperback
- 416 pages

 [Download Gurus of Modern Yoga ...pdf](#)

 [Read Online Gurus of Modern Yoga ...pdf](#)

## Editorial Review

### Review

"This fascinating collection of essays records the historical and sociological developments within particular yoga communities impacted by modernity, globalism, consumerism, competition, and technology...It is a rich contribution to the field. Recommended."

--*CHOICE*

"Mark Singleton and Ellen Goldberg have put together an enlightening survey of the leading yoga gurus from around the world within the Hindu diaspora." --*Spirituality Practice*

"Mark Singleton and Ellen Goldberg have assembled a group of essays that combine critical rigor with sympathetic insight, including many by authors with extensive personal background in the practice of yoga. It is a welcome development that the scholar-practitioner model is becoming an accepted part of the study of Indian religions. This excellent book will likely become the go-to resource for the study of modern gurus and guru-based movements." --Andrew J. Nicholson, Stony Brook University

"This is a well-organized volume and a great resource. The essays present interesting biographies and fascinating developments of a worldwide spiritual industry that in the U.S. alone has an annual sale of supposedly more than \$27 billion." --*Numen*

### About the Author

**Mark Singleton** is an Instructor at St. John's College.

**Ellen Goldberg** is Associate Professor of South Asian Religions at Queen's University.

## Users Review

### From reader reviews:

#### Tara Thornton:

Why don't make it to become your habit? Right now, try to ready your time to do the important work, like looking for your favorite guide and reading a publication. Beside you can solve your problem; you can add your knowledge by the e-book entitled Gurus of Modern Yoga. Try to make book Gurus of Modern Yoga as your good friend. It means that it can for being your friend when you truly feel alone and beside regarding course make you smarter than ever before. Yeah, it is very fortunated to suit your needs. The book makes you

far more confidence because you can know almost everything by the book. So , we need to make new experience and knowledge with this book.

### **Jennifer Witherspoon:**

Reading a guide can be one of a lot of task that everyone in the world loves. Do you like reading book so. There are a lot of reasons why people fantastic. First reading a book will give you a lot of new facts. When you read a publication you will get new information due to the fact book is one of several ways to share the information or perhaps their idea. Second, reading a book will make an individual more imaginative. When you examining a book especially fictional works book the author will bring that you imagine the story how the figures do it anything. Third, you can share your knowledge to other individuals. When you read this Gurus of Modern Yoga, you are able to tells your family, friends along with soon about yours publication. Your knowledge can inspire different ones, make them reading a publication.

### **Allen Grimm:**

Reading a e-book tends to be new life style in this era globalization. With looking at you can get a lot of information that can give you benefit in your life. With book everyone in this world could share their idea. Guides can also inspire a lot of people. A great deal of author can inspire their particular reader with their story as well as their experience. Not only situation that share in the guides. But also they write about the knowledge about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors on earth always try to improve their skill in writing, they also doing some study before they write to their book. One of them is this Gurus of Modern Yoga.

### **Joseph Mitchell:**

Are you kind of busy person, only have 10 or even 15 minute in your moment to upgrading your mind ability or thinking skill perhaps analytical thinking? Then you are receiving problem with the book as compared to can satisfy your limited time to read it because this all time you only find guide that need more time to be study. Gurus of Modern Yoga can be your answer given it can be read by anyone who have those short time problems.

**Download and Read Online Gurus of Modern Yoga From Oxford University Press #76HEYZLO23Q**

# **Read Gurus of Modern Yoga From Oxford University Press for online ebook**

Gurus of Modern Yoga From Oxford University Press Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Gurus of Modern Yoga From Oxford University Press books to read online.

## **Online Gurus of Modern Yoga From Oxford University Press ebook PDF download**

**Gurus of Modern Yoga From Oxford University Press Doc**

**Gurus of Modern Yoga From Oxford University Press Mobipocket**

**Gurus of Modern Yoga From Oxford University Press EPub**

**76HEYZLO23Q: Gurus of Modern Yoga From Oxford University Press**